



Probud Club of Ottawa-Rideau Valley

A Meeting of Minds

August 4, 2010 (10 a.m.)

**Tomkins Hall, St. James Anglican Church
1188 Bridge Street, Manotick, Ontario, K4M 1A4**

The Elderhostel program and Routes to Learning Canada

Speaker: Bob Pearson

Bob will give a brief introduction to and history of Elderhostel and Routes To Learning Canada, including the extremely popular program *Canadian Explorer* – a Montreal to Vancouver train trip. The Elderhostel emphasis is on education, with lectures by historians, geologists, and museum curators, plus various field trips. Bob was born and educated in Toronto and worked for an international healthcare company there. He was transferred to Regina, Saskatchewan, and travelled throughout Western Canada before returning to Toronto. He was Director of Sales and Marketing prior to his retirement. He and his wife Adell now live in Kingston, Ontario, and have three children, 12 grandchildren and one great grandchild, all living nearby.

Note: The July speaker, Alex Milne, graciously gave us a copy of his slides and speaking notes along with permission to post them on our website <http://www.probusorv.org/>. This will be of particular interest to those who could not attend the meeting. To find them, go to the July 2010 date on the *Past Speakers, Events and Activities* page and **click** where indicated.

Refreshments available from 9.30 a.m. Don't forget your name tags!

Lunch venue following the August meeting: To be announced.

Special events

Nothing is scheduled for August, but events organizer Merrill Stalker is planning a Thousand Island boat trip for September. Preliminary details will be available at the August meeting.

Striders and Gliders and canoeing

The hike on Wednesday, August 18, will be along the Lime Kiln Trail, on the west side of Moodie Drive north of Fallowfield Road. Meet at the Manotick Public Library parking lot at 9.30 a.m. for car-pooling or at the trail parking lot at 9.50 a.m. Organizer Brian Sawyer will e-mail more details to participants a couple of days before the walk.

Brian also is organizing canoe trips every Thursday morning in July and August, departing from his home on the south end of the island in Manotick. The trips will start around 9 a.m. and finish by 11.20 a.m. Call him at 613-692-6300 to book a spot and for more information.

September 1 guest speaker: Garth Hampson (RCMP, retired) -- Northern Stories.

Know a Probud member who is ill? Call Kathy Pitcher (613-822-8739). She will send a card.

Changing your mailing or e-mail address? Phone Jeff Cronin at 613-692-6273 with the details to ensure continued delivery of this newsletter.